Fact #3: People infected with COVID-19 who are asymptomatic (which is most people) do NOT spread COVID-19

On January 13, 2020, a 22-year old female with a history of congenital heart disease went to the emergency room of Guangdong Provincial People's Hospital complaining of a variety of symptoms common to people with her condition, including pulmonary hypertension and shortness of breath due to atrial septal defect (hole in the heart). Little did she know her case would set off a cascade of events resulting in a recently



Guangdong Provincial People's Hospital

published paper that should have ended all lockdowns around the world simultaneously. Three days into her hospital stay, her condition was improving. Routine tests were run, and to the clinicians alarm and surprise, she tested positive for COVID-19. As the physicians noted, "the patient had never fever, sore throat, myalgia or other symptoms associated with virus infection." Said differently, she was completely asymptomatic for COVID-19.

It's not that easy to find people who are infected with COVID-19 but asymptomatic, because they don't seek medical attention. Here in Oregon where I live, you can't even get a COVID-19 test unless you have symptoms. So, the stars aligned to put this woman in a hospital with researchers studying COVID-19, and she became the subject of an extensive contact study published on May 13 in *Respiratory Medicine*, titled, "A study on infectivity of asymptomatic SARS-CoV-2 carriers."

The researchers wanted to find out whether this woman, with a COVID-19 infection but no symptoms, had infected anyone else, so they chose to look at every single contact they could identify within the previous 5 days prior to her positive test. So, how many people did they have to screen? 455. Not a small number, as the researchers explain:

455 contacts who were exposed to the asymptomatic COVID-19 virus carrier became the subjects of our research. They were divided into three groups: 35 patients, 196 family members and 224 hospital staffs. We extracted their epidemiological information, clinical records, auxiliary examination results and therapeutic schedules.

As you can see, being hospitalized led to the majority of the contacts this woman had, both with other patients and with many members of the hospital staff. Notably,

all of these contacts took place indoors and one might argue many of the contacts—at least with hospital staff—would have involved relatively intimate contact. Amongst the patients, the average age was 62, arguably making them higher risk, and many of those patients were immunocompromised for a variety of reasons, including chemotherapy and cardiovascular disease. So how many of the 455 people were infected by the asymptomatic 22-year old woman?

"In summary, all the 455 contacts were excluded from SARS-CoV-2 infection..."

Said differently, **exactly zero people** were infected. The scientists, in typically understated fashion, offer up a comment about the question I hope you are asking yourself right now (namely, why are we all on lockdown if asymptomatic people with COVID-19 can't spread the infection?), stating, "the result of this study may alleviate parts of the public concern about asymptomatic infected people."

If this study had been published in early March, the odds that the world would have locked down are very, very low. Yet, this study, published only two weeks ago, is nowhere to be found in the media, and is never mentioned by policy makers. It just sits there, sharing the truth for anyone willing to listen.